

## Seychelles Sea Safari Adventure

### Day

- 1** Departure from Europe on overnight flight to Seychelles
- 2 Tuesday** Arrival in Praslin, first and short navigation, night and in guest house
- 3 Wednesday**

Briefing and snack and then prepare for safari departure. First stop place in the Ronde Island. Continue to sail around the small island of Ave Maria where you may see its colony of birds flying along the immaculate beaches and turquoise waters. Bivouac on a deserted beach (Anse La Farine or Anse Matelot).  
First night spent out in the open
- 4 Thursday**

Departure for a 15 to 17-mile sailing route through the natural channel that separates "Petite Soeur" and "Grande Soeur". Arrival at the Island Of La Digue, well known for its granite on Anse Marron.
- 5 Friday**

Today's 14-mile sailing route around Felicitee, then Marianne, and finally around the Coco Islet. Depending on the tide, bivouac on La Digue or on Marianne...
- 6 Saturday**

Sailing around the area of La Digue, stop in the harbour and visit the village which is well known for its local handicraft and then take a walk to the source of silver.  
Bivouac in Anse Marron. Possibility of visiting the village, where the only means of transportation is the 'scavenger chariot'.
- 7 Sunday**

The safari returns to Praslin and then heads towards Curieuse to find its giant turtles. Visit the reserve and then Bivouac on one of the beaches of Praslin.
- 8 Monday**

Last sailing around Praslin for a 15 to 20-mile route, returning to base at around midday. Setting the equipment in order, and settling down at The Colibri, a charming Creole hotel that is located right next to the base. Dinner and night spent at the hotel.
- 8** **Transfer to airport of extra stay**

The sailing schedule is likely to be altered depending on the weather conditions. The length of the stages (a maximum of 15 miles) will depend on the group's level and motivation. Program can be changed at any time due to bad weather conditions. In case of bad weather, the guide can decide to stop navigation or to reduce programme for safety of clients

## TRAVEL

Regular flights from London to Mahe (direct and via Paris CDG) then a 30-minute transfer to Praslin (the second biggest island). Transfer to departure base by bus or taxi (a 15-minute trip).

## ADMINISTRATIVE FORMALITIES

Valid passport (valid for three months after your arrival).

## LOCAL CURRENCY

The Seychelles rupee.

One rupee amounts to 1,2 French francs.

One euro amounts to 0,13 rupee.

Numerous automated teller machines in populated islands.

Currency exchange pretty much everywhere. Foreign currencies are easily accepted.

## LOCAL POPULATION

There is not any security problem .Local people often speak good French and English.

## Weather

From October until May, there is a North - East trade wind (strength: between 5 and 15 knots), that can be sometimes strengthened by thermal currents.

In December and January, there can be frequent tropical storms.

From May until October: South - West winds with 10 to 25 knots of strength (very few tropical storms).

	December	January	February	March	April	May
<b>Air</b>	25-28 °	25-28 °	26-30°	26-30°	26-30°	26-30°
<b>Sea</b>	24 °	24 °	26°	26°	27 °	27 °
<b>Sunny days</b>	18 days	17 days	23 days	24 days	23 days	23 days
<b>Wind</b>	2 to 4 B	2 to 4 B	2 to 5 B	2 to 4 B	2 to 4 B	2 to 4 B

	June	July	August	September	October	November
<b>Air</b>	25-30 °	25-30 °	25-30 °	25-30 °	25-30 °	25-30 °
<b>Sea</b>	27 °	27 °	27 °	26 °	26 °	25 °
<b>Sunny days</b>	22 days	23 days	22 days	21 days	20 days	20 days
<b>Wind</b>	2 to 4 B	3 to 6 B	3 to 6 B	3 to 5 B	3 to 4 B	3 to 4 B

## HEALTH AND VACCINE

There are no health problems in The Seychelles nor any mandatory vaccines.

It is recommended to bring a small medical kit, sun-screen, bandages, an antiseptic and an insect repellent lotion.

## BIVOUACS AND LODGING

One lodging night is planned for day 6 upon your return from the safari (in a guest house).

Five bivouacs on the trampoline for the nights spent out in the open on deserted beaches (igloo tents where two persons can fit, that could be fixed on the catamaran).

Shower for bivouacs are provided to get rinsed off at night.

## MEALS

During the journey, you will have a substantial breakfast which would have been prepared on The bivouac by the guide (coffee, tea, cereals, eggs, fruit juice), snack or light meal for lunch, the dinner will be substantial and will be made of local products (wide variety of fishes). Dinner is prepared by your guide and may include such dishes as **Tuna carri** , **Chicken curry Creole style** , **Fresh sushi** , **Coconut carri**. Wine and soft drinks will be available but at additional charge. For the last night dinner and breakfast is supplied by the guest house.

## SERVICES AND EQUIPMENT PROVIDED

### Provided elements:

- Transfer to Praslin,
- Transfer to our departure base the first and last days, if you return with the group, if not, that transfer will be at your charge.
- Complete board and lodging for seven days (from Tuesday night to tuesday morning), meals on the bivouacs and lodging in the guest house for the first and last day.
- The supervision of a French guide who is specialized in itinerant journeys on catamarans.

### Provided nautical equipment:

- A 16 or 18 feet long catamaran for two persons, which is equipped with a double trapeze, life-jackets, belts, shortys,
- A safari bag with a capacity of 40 litres that will be used to store personal belongings during the journey (luggage can be left at the base),
- The entrance fees to the visited reserves during the raid (with the exception of the Mai Valley that is likely to be visited the very last day,
- Masks and snorkel at your disposal.

### The following are not included:

- Alcoholic beverages and soft drinks that will be used during the safari (except for water), personal expenses,
- Any supplementary cost that is not planned in the schedule.

## PERSONAL EQUIPMENT ADVISED

### Some things to take for the safari:

- ✓ A pair of shoes for sailing (used tennis shoes or neoprene shoes),
- ✓ a long tee-shirt to protect yourself from the sun (take a stretch tee shirt rather than a cotton one),
- ✓ a cap, sunglasses, a waterproof and strong sun lotion.  
For the nights: a dry outfit with two or three tee-shirts, a pair of jeans, a pair of shoes to be worn while on the bivouac, a pull over or a sweat shirt for cooler temperatures.
- ✓ A light down quilt, a small toilet-case, an electric flash-lamp,
- ✓ a mattress (yoga style) for better comfort on the trampoline.
- ✓ Disposable or regular camera with its waterproof bag.  
You will be sailing with nothing on board, your safari bag will be stored on the boat accompanying the group. You can also leave some belongings at the base.

**Important:** the cost of living being very expensive in The Seychelles, it is highly recommended to buy everything beforehand.